

A PRAYER WRITTEN
BY
ELDER JOSEPH THE HESYCHAST

O Master, our sweetest Lord Jesus Christ, send forth Your grace and free me from the bonds of sin. Enlighten the darkness of my soul, so that I may apprehend Your infinite mercy, and so that I may love and thank You worthily, my sweetest Savior, Who is worthy of all love and thanks.

Yes, my good Benefactor and most merciful Lord; do not withdraw Your mercy from me, but have compassion upon Your creature.

I realize, o Lord, the weight of my transgressions, but I am also aware of Your inexhaustible mercy. I behold the darkness of my insensitive soul, but I have good hope and await for Your divine illumination and the deliverance from my evil deeds and destructive passions, through the intercession of Your sweetest Mother, our Lady the Theotokos and Ever-Virgin Mary, and of all the Saints. Amen.